



About Us



Our Services

MONTHLY HIGHLIGHTS SEPTEMBER 2021

HEALTHY AGING MONTH

September is Healthy Aging Month, and celebrates the many positive aspects of growing older, while inspiring adults to improve their overall health and well-being.

Check out these 6 tips to celebrate the positive aspects of growing older. [Read more](#)



Prostate Cancer Awareness Month

The Prostate Cancer Foundation Challenges Americans To “Eat It To Beat It” During Prostate Cancer Awareness Month

PCF’s “Eat It to Beat It” campaign is a national effort to raise awareness about prostate cancer, and show that making healthy lifestyle choices can potentially reduce the risk for developing prostate cancer and improving outcomes. [Read more](#)



30 Smart Tips to Get Your Home Ready for Fall

Preventative maintenance now will save money on expensive emergency repairs and wasted energy costs.



Cooler temperatures and pretty soon falling leaves serve as a reminder that the fall season is fast approaching. As the seasons change, so do our activities and home needs. [Read more](#)

Contact us for a **FREE** consultation at 215.880.3541

AGING **life CARE**[®]
ASSOCIATION
MEMBER