







MONTHLY HIGHLIGHTS JUNE 2022



JUNE IS MEN'S HEALTH MONTH

The Men's Health Network (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health awareness and disease prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation.

Healthier men live happier, longer lives. Search through the various disease categories at the below link about different health topics and what you need to know.

READ MORE

Stopping Elder Abuse Starts with Awareness



If it's summer and 90 degrees outside and an older adult is wearing a winter coat, it may be a sign of elder abuse.

That's one tip offered by Tamikia Morris, director of older adult protective services (OAPS) at Philadelphia Corporation for Aging (PCA), a department which works to detect, report and prevent abuse among older adults in Philadelphia.

Every year on June 15, PCA recognizes World Elder Abuse Awareness Day (WEAAD). The observance was started by the International Network for the Prevention of Elder Abuse and the World Health Organization, and provides an opportunity for communities around the world to promote a better understanding of the cultural, social, economic and demographic effects caused by the abuse and neglect of older people.

READ MORE

AGING IN PLACE:

Home-Modification Bill Could Lead to Lower Costs, Partnerships for Home Care Providers



A bill allowing older adults to deduct home-modification expenses from their taxes was introduced in Washington, D.C. on 05/06/22.

If passed, the Home Modification for Accessibility Act would provide a boost to aging-in-place efforts, perhaps spurring greater partnership between home care companies and home-modification businesses.

The bill would allow adults aging in place to offset the costs associated with making modifications to their homes **through early**

retirement withdrawals and a lifetime tax deduction of up to \$30,000.

READ MORE



2022 PHS Philadelphia Flower Show "In Full Bloom"

The region's most looked-to gardening attraction will return to FDR Park in Philadelphia for the second year, taking place outdoors from Saturday, June 11 through Sunday, June 19, 2022.

The 2022 Flower Show welcomes all on a journey to explore the restorative and healing power of nature and plants while experiencing all that gardening offers to improve our lives.

This year's theme promotes good health, positive well-being, and a passion for life that culminates in a gorgeous and colorful spectacle.

READ MORE



Kith Elder Care serves Philadelphia, Montgomery, Delaware, Chester, and Bucks Counties

Contact **Kith Elder Care** for a **<u>FREE</u> consultation at 215.880.3541**

AGING (ife CARE