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About Us



Our Services

MONTHLY HIGHLIGHTS AUGUST 2021

Legal Checklist to Help Caregivers as Their Parents Age

AARP provides "A Legal Checklist for Family Caregivers with 6 steps to take to protect your loved ones and yourself."



Read more

The Most Common Causes Of Memory Loss



"The goal is to find any issues and address them so that you or your loved one can live their best life."

Our brains are always sorting, storing and retrieving information. It's a busy job, and it's normal for things to fall through the cracks.



Testimonial from Kith Elder Care Client

KITH: [noun] acquaintances, friends, neighbors, or the like; persons living in the same general locality and forming a more or less cohesive group.



"It has been a pleasure to work with Liz. Living out of state, I have peace of mind knowing that I have someone in the area that I can rely on to help my mom."

Jennifer H.