Volume 5 | October 2021







MONTHLY HIGHLIGHTS OCTOBER 2021

OPEN ENROLLMENT Medicare Health and Drug Plans October 15 – December 7



Get ready for Medicare's Open Enrollment with these 5 tips:

- 1. Check your mail
- 2. Think about your Medicare coverage needs for 2022
- 3. Review your 2022 "Medicare & You" handbook
- 4. Preview 2022 health and prescription drug plans
- 5. Get personalized help in your community*

More details on the 5 tips

*Philadelphia Corporation for Aging administers the PA MEDI program in Philadelphia. PA MEDI is a federally funded health insurance counseling program for Pennsylvanians who are eligible for Medicare. Trained counselors can answer questions about all aspects of Medicare eligibility and enrollment. <u>More Info on PA MEDI and Philadelphia Providers</u>

Aging in Place: Why You or a Loved One May Want to Grow Older at Home

Aging in place—the idea that you'll continue to live in your own home as you grow older—is a goal for many older adults looking to maintain independence and live out their remaining years in the comfort of a familiar setting.

Read more



Kith Elder Care Team Member Spotlight



Congratulations to our very own Bonney Dahlgren DosSantos, BSW, CMC, who was recognized by the Emergency Fund Coalition as a Community Service Awardee.

Bonney was one of 5 honored at the annual virtual celebration held on September 22, 2021.

The Emergency Fund for Older Philadelphians provides crisis assistance to at-risk, low-income older people who are facing severe hardship.

For nearly 40 years, the Emergency Fund has provided thousands of vulnerable older adults, whose incomes are at or near poverty level, with support for their most basic needs – fuel, food, medical supplies, or other essential items.

Congrats again to Bonney, from all of us at Kith Elder Care!



Please join us in welcoming Gloria Williams to the Kith Elder Care team!

Gloria will be working as a social work intern. She is an MSW candidate at Walden University. Gloria holds a B.S. from Lock Haven University in Interdisciplinary Studies with a concentration in Psychology and Social Work.

Gloria loves spending time with friends and family. Her interests include music, singing, dancing, and reading. Gloria sings in her church choir, where she serves as a board member of the young adult choir. She also enjoys comic books, manga/anime, gaming and watching tv/movies.