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50 Thoughtful Gifts for Seniors That Are Actually Useful

From tech to food, these gifts will make older people's lives easier and more comfortable.

While it's always the thought that counts, shopping with intention when it comes to gifts for the older people in your life may mean leaning more towards practicality.

That doesn't mean that you won't be able to find unique presents for grandma and grandpa, but the best gifts for seniors combine usefulness with sentimentality that will make them smile during the family gift exchange.

If you need inspiration for what to put in grandma's stocking this year, or for what to buy for your great aunt who loves to travel but may not be able to as often, these affordable gifts will bring their interests and favorite pastimes to the comfort of their home.

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5 Things to Do on New Year's Eve With Your Family



Long gone are the days of hailing a cab at midnight in your party dress! But you can wear sweatpants and still host a killer New Year's Eve celebration for all ages to enjoy.

So perhaps your New Year's celebrations have been less outrageous since you've had kids. The days of endless primping, wearing clothes that were never appropriate for the weather and drinking fancy cocktails are long gone. But that doesn't mean the fun is over!

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5 tips to take care of elderly people during winter season

Usually, in winters our water intake is less and there is a lack of moisture in the air. So this imbalance can dehydrate the body

In the winter, ice, snow and cold temperatures can make your life challenging. Slippery sidewalks and cold weather can lead to a number of injuries and illnesses, especially for older people. While taking care of older adults on a continuous basis can help to keep them safe during any season, following some safety tips for winter can prove to be very helpful for preventing common cold risks in senior citizens. Here are some of the tips and practices to help you avoid common cold weather-related problems this winter.



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Mark Your Calendar: Most Required Minimum Distributions Due Dec. 31



Required minimum distributions (RMDs) from employer-based retirement plans and traditional individual retirement accounts (IRAs) **will be due Dec. 31** for most people 72 and older. Those distributions are taxable, and that can take the sparkle out of many taxpayers' holidays.

Although you can't avoid RMDs, you can take some steps to minimize them. And in most cases, it's best to take those steps before New Year's Eve.

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Year-end financial checklist: 9 personal finance tips for 2023

As 2022 comes to a close, you and your family reflect on where you've been and where you'd like to go.

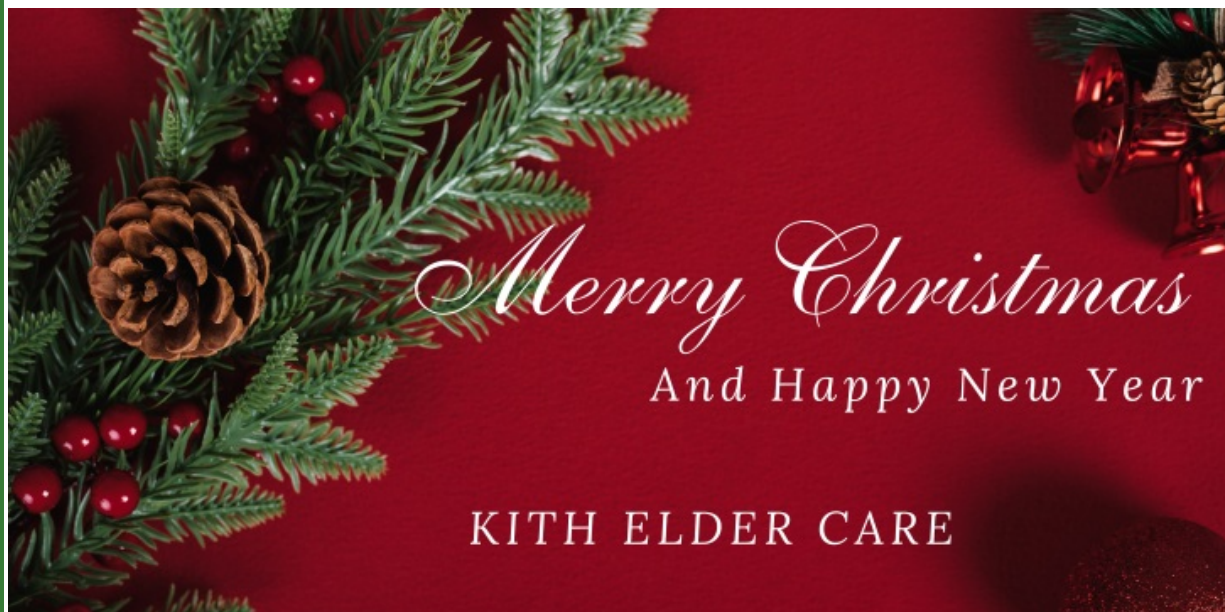


As the year wraps up, it's natural to think about your goals — professionally, personally, and financially. It's something that you and your household will want to assess and talk about openly and honestly.

Financially speaking, perhaps you built up your emergency fund or finally paid off that credit card bill that's been haunting you since your college years. If so, congratulations. Or perhaps you went off course a little when you did a little too much online shopping. If so, you're not alone.

Whatever the case, you're ready to head into the new year with some new financial goals. However, before you flip the calendar to a new year, there are some things to check off your to-do list before saying goodbye to this year. Doing so will help ease your mind and allow you to focus on the year ahead.

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Kith Elder Care serves Philadelphia, Montgomery, Delaware, Chester, and Bucks Counties

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